

## **Instructions for Power Analysis**

This exercise can help you analyze your power in relationship to dominant/nondominant cultures. If you have a question as to which category something belongs, remember you are an expert of your own experience and it's entirely up to you to choose how you respond.

1. Under the "Dominant Culture" column, write how you would describe the dominant cultural diversity dimension in your context. For example, next to "Education" you could write "high school" or "college" or "graduate school." Next to language you could write "English" or "Spanish" or "French." Based on your experience, in your context, what would you identify as the dominant culture?
2. Under the "My Identity" column, write how you would describe your cultural diversity dimension. For example, next to Education you would write your level of education. Next to language you would write the language(s) you speak. Based on your experience, in your context, what do you identify as your own diversity dimension?
3. Under the "Power Point" column, give yourself one point if your entry for "My Identity" matches your entry for "Dominant Culture." For example, I would give myself a point if I wrote "graduate school" next to "Education" for both "Dominant Culture" and "My identity." If the entries do not match, do not give yourself a point. After completing all of the rows, tally up your score for you total "Power Point."

## **Reflection Questions**

What is a takeaway from this exercise?

Was there anything that surprised you?

What can this teach you about power?

Describe practices that would help you respond to power equitably in your context.